

Whitemoss AAC

2007 Outdoor Performance to 14/11/07

Senior Men

100m

Iain C McEwan	11.25	CSSAL Div 1 Match 3	5-Aug
Billy McGill	11.63	CSSAL Div 1 Match 3	5-Aug
Craig McEwan	11.65	Linwood OGM	22-Aug
Ryan Holmes	11.79	BOS U20/U23 Champs	17-Jun
Jamie McEwan	11.82	SAL Div 2 Match 1	22-Apr
David Boyd	12.25	Linwood OGM	22-Aug
Calum White	12.43	SAL Div 2 Match 1	22-Apr

200m

Iain C McEwan	22.83	CSSAL Div 1 Match 3	5-Aug
Billy McGill	23.06	SAL Div 2 Match 1	22-Apr
Craig McEwan	23.8	Lanarkshire AAA	15-May
Ryan Holmes	23.92	CSSAL Div 1 Match 2	20-May
Jamie McEwan	24.18	CSSAL Div 1 Match 2	20-May
Scott Davidson	25.01	CSSAL Div 1 Match 3	5-Aug
Robert Agnew	26.96	Glasgow City Council OGM	8-Aug

400m

Billy McGill	49.98	BOS U20/U23 Champs	17-Jun
<i>A. Campbell</i>	51.56	SAL Div 2 Match 1	22-Apr
Craig McEwan	53.17	CSSAL Div 1 Match 1	29-Apr
Jamie McEwan	54.09	SAL Div 2 Match 1	22-Apr
Stuart Gibson	57.1	Nithsdale AC OGM	15-Apr
Mark Stringer	63.19	CSSAL Div 1 Match 1	29-Apr
Robert Agnew	68.77	CSSAL Div 1 Match 3	5-Aug

800m

Stuart Gibson	2.10.0	Nithsdale AC OGM	15-Apr
Stuart Gibson	?	SAL Div 2 Match 1	22-Apr
David Boyd	2.33.69	CSSAL Div 1 Match 1	29-Apr
Mark Stringer	2.50.52	CSSAL Div 1 Match 1	29-Apr

1500m

<i>Martin Duthie</i>	4.33.69	SAL Div 2 Match 1	22-Apr
<i>David Robertson</i>	5.21.21	CSSAL Div 1 Match 2	20-May
Mark Stringer	6.00.40	CSSAL Div 1 Match 2	20-May

3000m

Stuart Gibson	9.19.07	CSSAL Div 1 Match 3	5-Aug
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5000m

Stuart Gibson	16.22.91	CSSAL Div 1 Match 1	29-Apr	CR
<i>Alan Cullie</i>	16.49.2	SAL Div 2 Match 1	22-Apr	

3000m S/C

Stuart Gibson	10.40.4	SAL Div 2 Match 1	22-Apr
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Performance in bold indicates PB

(If you notice any errors or omissions please contact stato35@hotmail.co.uk)

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110mH

<i>David Robertson</i>	19.49	CSSAL Div 1 Match 2	20-May
Mark Stringer	21.82	SAL Div 2 Match 1	22-Apr

400mH

Craig McEwan	?	SAL Div 2 Match 1	22-Apr
Mark Stringer	1.13.1	SAL Div 2 Match 1	22-Apr

High Jump

Craig McEwan	1.70	CSSAL Div 1 Match 2	20-May
<i>David Robertson</i>	1.70	CSSAL Div 1 Match 2	20-May

Long Jump

Craig McEwan	5.64	Lanarkshire AAA	15-May
Jamie McEwan	5.26	SAL Div 2 Match 1	22-Apr
Calum White	4.56	SAL Div 2 Match 1	22-Apr

Triple Jump

Jamie McEwan	10.64	CSSAL Div 1 Match 1	29-Apr
Mark Stringer	8.47	CSSAL Div 1 Match 1	29-Apr

Shot Putt

Craig McEwan	9.83	Linwood OGM	22-Aug	CR
<i>S Boyd</i>	9.18	CSSAL Div 1 Match 1	29-Apr	
Jamie McEwan	9.02	CSSAL Div 1 Match 3	5-Aug	
Greame Leggate	8.27	CSSAL Div 1 Match 3	5-Aug	

Discus

<i>S Boyd</i>	27.75	CSSAL Div 1 Match 1	29-Apr
Jamie McEwan	23.16	CSSAL Div 1 Match 1	29-Apr

Javelin

Craig McEwan	35.91	BOS U20/U23 Champs	17-Jun
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Hammer

Greame Leggate	17.97	SAL Div 2 Match 1	22-Apr	CR
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Pole Vault

<i>David Robertson</i>	4.00	BAL National 1	5-May	CR
Craig McEwan	?	SAL Div 2 Match 1	22-Apr	

Performance in bold indicates PB

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