

Whitemoss AAC

2007 Outdoor Performance to 14/11/07

Senior Women

100m

Debbie Mackie	14.09	CSSAL Div 1 Match 1	29-Apr	CR
Mhairi Stringer	14.90	CSSAL Div 1 Match 1	29-Apr	
Julie Whyteside	15.90	Lanarkshire AAA	15-May	

200m

Mhairi Stringer	29.77	CSSAL Div 1 Match 2	20-May	
Stacy Grant	30.32	CSSAL Div 1 Match 2	20-May	
Debbie Mackie	32.58	CSSAL Div 1 Match 3	5-Aug	

300m

Julie Whyteside	47.76	Glasgow City Council OGM	11-Apr	
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400m

Julie Whyteside	66.6	Nithsdale AC OGM	15-Apr	
<i>Judith Young</i>	<i>68.04</i>	CSSAL Div 1 Match 1	29-Apr	
Stacy Grant	69.24	CSSAL Div 1 Match 1	29-Apr	

800m

Julie Whyteside	2.30.7	Nithsdale AC OGM	15-Apr	CR
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1500m

Julie Whyteside	5.04.43	Closed Senior Champs	12-May	CR
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3000m

Julie Whyteside	10.53.53	SSAA T&F Championships	9-Jun	CR
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100mH

Stacy Grant	21.46	CSSAL Div 1 Match 2	20-May	
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High Jump

Debbie Mackie	1.30	Lanarkshire AAA	15-May	
Stacy Grant	1.15	CSSAL Div 1 Match 1	29-Apr	

Long Jump

Julie Whyteside	3.72	Lanarkshire AAA	15-May	
Stacy Grant	3.64	CSSAL Div 1 Match 1	29-Apr	

Performance in bold indicates PB

(If you notice any errors or omissions please contact stato35@hotmail.co.uk)

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Triple Jump

Debbie Mackie	8.45	CSSAL Div 1 Match 3	5-Aug
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Shot Putt

Vicky Mackie	8.42	CSSAL Div 1 Match 1	29-Apr
Debbie Mackie	6.43	Lanarkshire AAA	15-May
Stacy Grant	6.05	CSSAL Div 1 Match 2	20-May
<i>Judith Young</i>	5.89	CSSAL Div 1 Match 1	29-Apr
Mhairi Stringer	4.28	CSSAL Div 1 Match 2	20-May

Javelin

Vicky Mackie	23.65	Lanarkshire AAA	15-May
Stacy Grant	14.80	CSSAL Div 1 Match 2	20-May
Debbie Mackie	13.61	CSSAL Div 1 Match 1	29-Apr
Mhairi Stringer	8.45	CSSAL Div 1 Match 2	20-May

Discus

Mhairi Stringer	14.34	CSSAL Div 1 Match 2	20-May
Julie Whyteside	12.16	CSSAL Div 1 Match 3	5-Aug

Performance in bold indicates PB

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