

Whitemoss AAC

2007 Outdoor Performance to 14/11/07

Under 13 Girls

100m

| | | | |
|-----------------|--------------|---------------------|--------|
| Nicola Reid | 14.96 | CSSAL Div 1 Match 1 | 29-Apr |
| Laura Gosling | 15.0 | Lanarkshire AAA | 15-May |
| Rachel Connelly | 15.0 | Lanarkshire AAA | 15-May |
| Emma Frame | 15.9 | Lanarkshire AAA | 15-May |
| Elena McKinley | 16.2 | Nithsdale AC OGM | 15-Apr |
| Jane Benson | 16.4 | Lanarkshire AAA | 15-May |
| Megan Owen | 16.67 | CSSAL Div 1 Match 1 | 29-Apr |
| Niomi Watt | 17.1 | Lanarkshire AAA | 15-May |
| Erin Mclver | 17.3 | Nithsdale AC OGM | 15-Apr |

200m

| | | | |
|------------------|--------------|-----------------------|--------|
| Laura Gosling | 30.4 | Ayrshire Harriers OGM | 13-Jun |
| Kirsty Jamieson | 30.7 | Nithsdale AC OGM | 15-Apr |
| Rachel Connelly | 31.20 | Lanarkshire AAA | 15-May |
| Stephanie Curran | 32.0 | Nithsdale AC OGM | 15-Apr |
| Elena McKinley | 33.7 | Nithsdale AC OGM | 15-Apr |
| Jane Benson | 34.24 | CSSAL Div 1 Match 2 | 20-May |
| Erin Mclver | 36.1 | Linwood OGM | 23-May |

800m

| | | | | |
|------------------|----------------|-----------------------|--------|----|
| Kirsty Jamieson | 2.40.5 | Nithsdale AC OGM | 15-Apr | CR |
| Stephanie Curran | 2.41.2 | Nithsdale AC OGM | 15-Apr | |
| Sarah Millar | 2.54.1 | Lanarkshire AAA | 15-May | |
| Jane Benson | 2.56.8 | Nithsdale AC OGM | 15-Apr | |
| Laura Gosling | 2.58.18 | CSSAL Div 1 Match 1 | 29-Apr | |
| Rachel Connelly | 3.00.6 | Ayrshire Harriers OGM | 13-Jun | |
| Elena McKinley | 3.13.08 | CSSAL Div 1 Match 1 | 29-Apr | |

70mH

| | | | |
|----------------|--------------|---------------------|--------|
| Elena McKinley | 14.92 | CSSAL Div 1 Match 2 | 20-May |
| Nicola Reid | 16.29 | CSSAL Div 1 Match 2 | 20-May |

High Jump

| | | | |
|-------------|-------------|---------------------|--------|
| Erin Mclver | 1.20 | Nithsdale AC OGM | 15-Apr |
| Nicola Reid | 1.20 | Lanarkshire AAA | 15-May |
| Emma Frame | 1.15 | Lanarkshire AAA | 15-May |
| Jane Benson | 1.10 | CSSAL Div 1 Match 1 | 29-Apr |

Long Jump

| | | | |
|-----------------|-------------|-----------------------|--------|
| Jane Benson | 3.48 | Lanarkshire AAA | 15-May |
| Emma Frame | 3.34 | Lanarkshire AAA | 15-May |
| Rachel Connelly | 3.29 | Ayrshire Harriers OGM | 13-Jun |
| Elena McKinley | 3.26 | Ayrshire Harriers OGM | 13-Jun |
| Nicola Reid | 3.21 | CSSAL Div 1 Match 3 | 5-Aug |
| Niomi Watt | 2.70 | Lanarkshire AAA | 15-May |

Performance in bold indicates PB

(If you notice any errors or omissions please contact stato35@hotmail.co.uk)

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2007 Outdoor Performance to 14/11/07

Shot Putt

| | | | |
|----------------|-------------|---------------------|--------|
| Elena McKinley | 9.98 | CSSAL Div 1 Match 2 | 20-May |
| Laura Gosling | 6.96 | Lanarkshire AAA | 15-May |
| Jane Benson | 5.20 | Lanarkshire AAA | 15-May |
| Meghan Owen | 4.65 | Nithsdale AC OGM | 15-Apr |
| Niomi Watt | 4.6 | CSSAL Div 1 Match 3 | 5-Aug |

Javelin

| | | | |
|----------------|--------------|---------------------|--------|
| Elena McKinley | 10.38 | CSSAL Div 1 Match 1 | 29-Apr |
| Meghan Owen | 8.62 | CSSAL Div 1 Match 3 | 5-Aug |
| Laura Gosling | 2.89 | CSSAL Div 1 Match 1 | 29-Apr |

Discus

| | | | |
|----------------|--------------|-----------------------|--------|
| Laura Gosling | 14.11 | Ayrshire Harriers OGM | 13-Jun |
| Elena McKinley | 13.03 | Ayrshire Harriers OGM | 13-Jun |

Performance in bold indicates PB

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