

Whitemoss AAC

2007 Outdoor Performance to 14/11/07

Under 15 Girls

100m

Marie Claire Martin	13.02	Falkirk Council OGM	4-Jul	CR
Lynsey Greenfield	13.03	SWAL Match 1	22-Apr	
Nicky McMurtrie	13.7	Nithsdale AC OGM	15-Apr	
Fiona Thomson	14.3	Nithsdale AC OGM	15-Apr	

200m

Marie Claire Martin	25.51	SWAL Match 2	24-Jun	CR
Lynsey Greenfield	27.4	Lanarkshire AAA	15-May	
Fiona Thomson	27.9	Lanarkshire AAA	15-May	
Ashley Totton	28.73	SSAA T&F Champs	8-Jun	
Lauren Mooney	31.5	Nithsdale AC OGM	15-Apr	
Ainsley Douglas	32.41	CSSAL Div 1 Match 3	5-Aug	

300m

Marie Claire Martin	41.91	Falkirk Council OGM	4-Jul	CR
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800m

Lauren Mooney	2.32.74	CSSAL Div 1 Match 1	29-Apr	
Katie Murphy	2.34.93	CSSAL Div 1 Match 1	29-Apr	
Ainsley Douglas	3.03.44	CSSAL Div 1 Match 3	5-Aug	

1500m

Lauren Mooney	5.13.00	West District Champs	13-May	
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75mH

Marie Claire Martin	13.36	CSSAL Div 1 Match 2	20-May	CR
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High Jump

Nicky McMurtrie	1.40	CSSAL Div 1 Match 1	29-Apr	
Marie Claire Martin	1.35	Nithsdale AC OGM	15-Apr	
Ainsley Douglas	1.35	Nithsdale AC OGM	15-Apr	

Long Jump

Nicky McMurtrie	4.48	CSSAL Div 1 Match 1	29-Apr	
Fiona Thomson	3.99	Nithsdale AC OGM	15-Apr	
Lauren Mooney	3.51	CSSAL Div 1 Match 3	5-Aug	

Performance in bold indicates PB

(If you notice any errors or omissions please contact stato35@hotmail.co.uk)

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Javelin

Nicky McMurtrie	33.60	West District Champs	13-May	CR
Rachel Mitchell	20.06	CSSAL Div 1 Match 1	29-Apr	
Alana Clark	19.29	CSSAL Div 1 Match 1	29-Apr	
Lauren Mooney	15.80	Lanarkshire AAA	15-May	

Shot Putt

Nicky McMurtrie	9.84	SWAL Match 3	26-Aug	CR
Ainsley Douglas	7.40	Nithsdale AC OGM	15-Apr	
Rachel Mitchell	7.38	CSSAL Div 1 Match 2	20-May	

Discus

Nicky McMurtrie	25.90	Linwood OGM	25-Jul	CR
Ainsley Douglas	16.60	CSSAL Div 1 Match 1	29-Apr	
Rachel Mitchell	15.65	CSSAL Div 1 Match 2	20-May	
Ashley Totton	13.55	CSSAL Div 1 Match 2	20-May	
Fiona Thomson	10.86	Ayrshire Harriers OGM	13-Jun	

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